



WCTA HOSA 101

2022-2023

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Meeting & Important Dates

- September 19th
- October 3rd
- October 17th
- October 31st
- November 14th
- November 28th
- December 5th
- January 9th
- January 30th
- February 13th
- February 27th
- March 20th
- April 3rd
- April 17th
- May 1st

Potluck Dates

- December 5
- May 1

Hours are due the Friday after the potluck!

- December 9
- May 6

Conference Dates



Fall Leadership eXperience

November 10

Missing a B Day

State Leadership Conference


March 5-8

Takes place in Reno
During ACT Testing Day
Missing 1 A Day and 1 B Day




International Leadership Conference

June 21-24



Dallas, Texas
Top 3 from each SLC event



Good Standing

- 4+ service hours per semester
- 2 HOSA sanctioned events per semester
- No more than 2 unexcused absences per semester
- Good academic standing (no D's or F's)
- Active participation in meetings, events, fundraising, etc)

Senior Cord Requirements

- 2 years of membership in good standing
- No more than 4 unexcused absences per year
- Complete all required hours
- Be an active participant of HOSA

Membership Attendance Spreadsheet



Link to Spreadsheet:

<https://docs.google.com/spreadsheets/d/1Z0RVUdMRAX3LAHiPriSPSP75ON4s37iB3Hx8Xak5Mfl/edit?usp=sharing>

No more than 2 unexcused absences are allowed per semester, let us know ASAP & RESPECTFULLY if you feel there is a mistake in our logging.



Service Event Information

What is and isn't a HOSA sanctioned event?

- An event that HOSA offers to members as an opportunity to receive hours
- You need 2 HOSA sanctioned events per semester to be in good standing
- You can receive up to one outside hour, but earned outside hours don't count toward your event count

Event Examples

- Walks like Hemophilia Walk or Breast Cancer Walk
- Opportunity Village Thrift Store (OV Thrift)
- In-Meeting Service Events (card making)

Outside Hours

- Hospital volunteering
- Ronald McDonald House
- Ask Mr. G or an officer if you have any ideas and aren't sure if they count!

Service Event Checklist

- Signup
 - Fill out the Google Form Registration
 - If applicable, fill out any other waivers or registration forms
 - Join the event Remind
 - Send confirmation screenshot(s) to the Remind
- Day of the Event
 - Wear your HOSA shirt
 - Check the Remind to see where everyone is meeting
 - Arrive 15 minutes early
 - Check in with an officer
 - Have fun at the service event!
 - Check out with an officer
- After the Event
 - The officers will log your hours within a week of the event
 - If there is a mistake on the hours spreadsheet, send a Remind or email

Rolling Hours Rule

- This year, in WCTA HOSA, we are allowing members to roll UP TO one hour from Semester 1 to cover up for Semester 2
- We will not be doing this until the end of the semester, if it seems as if you are short of an hour and have extra from Semester 1
- Extra event credit doesn't transfer, you still need to attend two events
- You are unable to do this in the vice versa; extra hours earned in Semester 2 CANNOT move to Semester 1

Logging Service Hours



HOW?

- For HOSA-sanctioned events, when you check in and out with an officer, we keep track of your volunteering hours and log them onto a shared spreadsheet (found on next slide)
- For WCTA HOSA approved events like OV Thrift Store or Hospital volunteering, please take a picture of your log with a signature from a coordinator & send it to remind, we will log hours for you.
 - Contact us with questions!

Service Hour Spreadsheet

These are from the hours we log during the service events you attend when you check in and out with an officer



OR GO TO

<https://tinyurl.com/hosaservicehours>

Use this to tell if you've got all your hours + events for the semester! Both columns need to be green under your name!

Websites

If you have additional questions, want to know when events are, see previous meeting slides, or learn more about competition, you can visit any of the following websites!

International HOSA Website: <https://hosa.org/>

Nevada HOSA Website: <https://nevadahosa.org/>

WCTA HOSA Website: <http://westctahosa.weebly.com/>

General Reminds!

**Underclassmen
(Grades 9th and 10th)**

@wctaunder

**Upperclassmen
(Grades 11th and 12th)**

@wctaupper

Our Advisor

- Mr. Gonzales
 - D110
- Contact [@gonzajc1@nv.ccsd.net](mailto:gonzajc1@nv.ccsd.net)

The background features soft, watercolor-style washes in shades of pink and peach. A thin, gold-colored line art vine with loops is positioned in the upper left corner. On the right side, there are stylized gold-colored leaves and a cluster of small, light-colored speckles. The text is centered in a bold, black, serif font.

Excused Absence Requests

Access to the Form

Link to Form:

https://docs.google.com/document/d/1aBazZ9fcs9v5ij1Z_fFNyGYCwQvmOA8SXxCHJ2Bf_Rs/edit?usp=s_haring

OR Go to our website -> More... -> Absence Requests

*Make sure to check out missed meeting slides!!

Example Excused Absence Form

If you are absent from a WCTA HOSA general meeting or a volunteering event, please submit this form to the secretary by the following meeting. Please note, you are only allowed 2 unexcused absences per semester before you are no longer a member in good standing.

Name: _____ Vanessa Lei _____ Student #: _____ 1328978 _____

Date of Absence: _____ 10/20/2025 _____

Reason for Absence:

I had a doctor's appointment right after school.

Signature of Approval: _____ *Doctor Abracadbrakinoscopeify* _____

(i.e. team coach, advisor, doctor, parent)

Excused Absence Form: Common Questions

Who signs for “Signature of Approval?”

- Depends on your reason for absence
- For example: If you are absent for a doctor’s appointment, please get your doctor to sign it
- For example: If you are absent for a sports practice, please get your coach to sign it, OR send us a picture of your approved practice schedule ahead of time, so that we may excuse you
- For example: If you are sick, please get a doctor OR parent to sign it
- For example: If you have to do a test retake, please get the teacher signature
- Etc, contact with questions!

Excused Absence Form: Common Questions

When do I have to submit the form by?

- You have until the end of the WCTA HOSA meeting following the one you miss
- For example: If you are absent on our 10/31 HOSA meeting, you have until the end of our next meeting (11/14 meeting) to get it in
- After the deadline, we will no longer accept excused absence forms for that meeting, you will be marked unexcused, adding to the maximum of the 2 unexcused you are allotted per semester

Excused Absence Form: Common Questions

Who do I give it to?

Physically

Please give the filled out form to any officer or Mr. G (in room D110). You may also give it to an officer/ advisor during the meeting following the one you are absent.

Virtually

This year, we are also taking forms virtually, you may email the secretary, Vanessa Lei (contacts at the bottom) OR the general WCTA HOSA email

Excused Absence Form: Common Questions

What if I'm absent the whole day?
Do I still need to fill out a form?

Unfortunately, we are not notified if you are absent for the entirety of the school day, so please fill out the form and explain you were absent for the day. Thank you!



Officer Elections

- People interested in office should maintain good standing, have no disciplinary issues, and be an active member of HOSA (attending competitions and conferences as much as they can).
 - Candidates should show passion and high interest in the organization, and NOT be running for the sole purpose of a resume booster
- Going to the State Leadership Conference in Reno and participating in the Mentorship Program is highly recommended if you are interested in running
- Members have the option of participating in the mentorship program, a program for members interested in running for office
 - This isn't mandatory for candidates, but is beneficial
 - More on this program in 2nd Semester
- Candidates will also have a formal interview with the officers
- In April, there will be an election day, where candidates will give their speeches to general members
- *Note: Results will also be subject to officer and advisor opinion

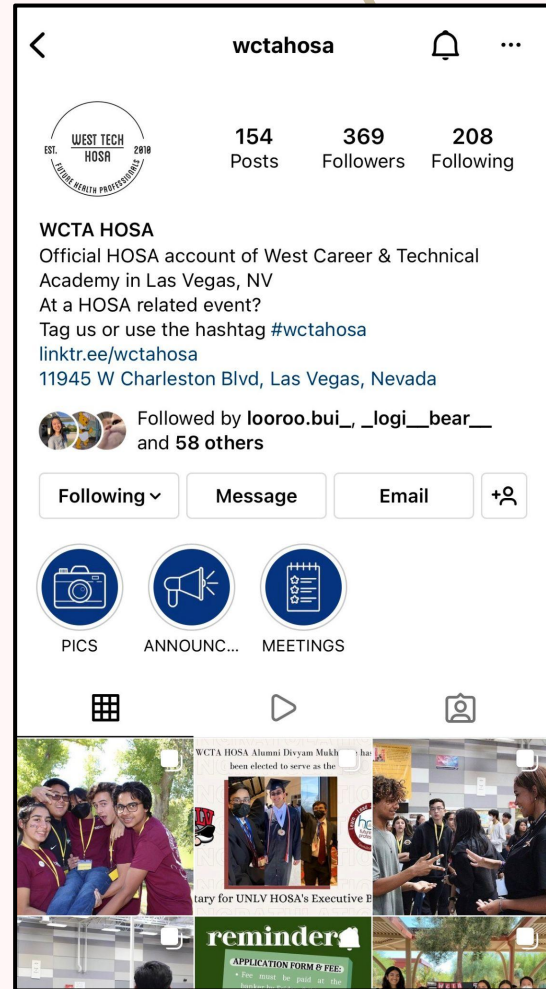


Our Socials

Instagram!

Send us pictures, see meeting and service event recaps, and get reminders about meetings!

@wctahosa



Contacting Us!

President: Preeyom Govind

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wctahosapresident@gmail.com

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